



EST

1978

# INN LOUNGE MENU





# INN LOUNGE MENU

## TO START

SOUP OF THE DAY €6.50

Served with home baked soda bread and bread roll. **(1 wheat, 7, 9)**

HOWTH'S SEA FOOD CHOWDER €11.50

Fresh smoked sea food in a creamy fennel broth, served with soda bread. **(1 wheat, 2, 4, 7, 9, 14)**

CHICKEN LIVER PATE €10.95

Toasted brioche, and onion relish **(1 wheat, 3, 7, 9, 10)**

GARLIC MUSHROOMS €11.50

Crispy panko coated mushrooms filled with garlic butter, and side salad.  
**(1 wheat, 3, 7, 10)**

CHICKEN WING DRUMETTES small: €11.75 large: €16.50

Choice of Louisiana Hot or BBQ sauce. Served with blue cheese dip, and celery.  
**(1 wheat, barley, 3, 6, 7, 9, 10)**

TEMPURA OF TIGER PRAWNS €11.50

Crisp batter coated prawns, wasabi aioli, and fresh salad. **(1 wheat, 2, 3, 10)**

BAKED BEEF NACHOS €10.75

Spicy ground beef with melted cheddar, served with sour cream, Mexican salsa.  
**(7, 9)**

FIVE-A-DAY NACHOS €8.75

Spicy vegetables with melted cheddar, served with sour cream, Mexican salsa. **(7, 9)**





# INN LOUNGE MENU

## HOUSE FAVOURITES

### WOK CHICKEN STIR FRY €16.95

Crispy shredded chicken, julienne of vegetable, house oriental sauce with egg noodles or rice. **(1 wheat, 3, 6, 9, 11)**

### BERNIE'S MILD CHICKEN CURRY €15.95

Tender chicken breast pieces with mixed peppers and onion, garlic Naan bread and long grain rice. **Add fries €2.95 (1 wheat, 6, 7, 9)**

### OVER NIGHT ROASTED TOPSIDE OF BEEF €18.50

Prime roast of Irish top side rib of beef with herb stuffing, creamed and roasted potato, seasonal vegetables, roast pan gravy and Yorkshire pudding. **(1 wheat, 3, 6, 7, 9)**

### TRADITIONAL TURKEY AND HAM €19.50

Creamed and roasted potato, seasonal vegetables, roast pan gravy, and herb stuffing. **(1 wheat, 6, 7)**

### FISH AND CHIPS €18.95

Crispy battered Atlantic Cod, mushy peas, zesty tartare sauce, and thick cut fries. **(1 wheat, 3, 4, 6, 7)**

### KETTLE'S LASAGNE €17.95

Layers of ground beef, tomato and basil sauce, pasta sheets, bechamel, melted cheese. Served with rainbow slaw and garlic bread. **(1 wheat, 3, 7, 9)**

### SPAGHETTI BOLOGNESE €16.95

Italian famous beef ragu with spaghetti and parmesan shavings, stone baked garlic ciabatta. **(1 wheat, 3, 7, 9)**





# INN LOUNGE MENU

## VEGAN & VEGETARIAN

### FIVE-A-DAY NACHOS

€11.75

Spicy vegetables with melted cheddar, served with sour cream, Mexican salsa. **(7, 9)**

### SWEET POTATO & SQUASH BURGER

€17.50

Seeded gluten-free bun with spiced vegan patty. Served with guacamole, baby gem and tomato. **(11)**

## SALAD

### GRILLED GOATS CHEESE SALAD

€13.50

Mixed house salad, wholegrain mustard and honey dressing, grilled St. Tolas goat's cheese, candied walnuts, balsamic reduction. **(7, 8 walnuts, 10)**

### SUPERFOOD SALAD

€13.50

Mixed leaves, beetroot, quinoa, dried cranberries, toasted sunflower seeds with lemon & shallot dressing.

### CAESAR SALAD

€13.50

Crisp baby gem lettuce, bacon, parmesan shavings, garlic croutons and creamy Caesar dressing. **(1 wheat, 3, 7, 10)**

### ADD GRILLED CHICKEN BREAST

€4.50





# INN LOUNGE MENU

## OUR BUNS

### HALF POUND BEEF BURGER €18.50

Brioche bun with 8oz Irish beef patty, Applewood cheese, smoked streaky bacon, pickle, tomato and lettuce, Ballymaloe relish, crispy gun powder onions.

**Add on our BBQ pulled pork €2.25 (1 wheat, 3, 7, 9, 10)**

### BBQ PULLED PORK €17.50

Grilled Brioche bap with Cider BBQ slow braised pork neck, rainbow slaw, baby gem, and beef tomato. **(1 wheat, 3, 7, 9, 10)**

### CAJUN CHICKEN BURGER €18.50

Panko coated Cajun buttermilk chicken breast, Sriracha sauce, crunchy lettuce, and tomato. **(1 wheat, 3, 7, 9, 10)**

**GLUTEN FREE SEEDED BUNS AVAILABLE UPON REQUEST**

## FROM THE GRILL

### GRILLED CHICKEN SUPREME €19.95

Champ potato, broccoli, and brandy mushroom sauce **(1 wheat, 6, 7, 9,)**

### CATCH OF THE DAY €POA

Please ask your waiter.





# INN LOUNGE MENU

## STEAK CORNER

10oz SIRLOIN OF BEEF	€29.95
8oz RIB EYE	€29.95
8oz FILLET	€35.00

All our steaks are served with crispy onion rings, fries, grilled tomato, and peppercorn sauce. (1 wheat, 6, 7)

ADD GARLIC TIGER PRAWNS €7.50  
(2, 7)

## SIDES

GRAVY OR PEPPERCORN SAUCE (1 wheat, 6, 7)	€2.50
FRIES (1, traces of wheat)	€4.90
PARMESAN FRIES (1, traces of wheat, 7)	€5.50
RAINBOW SLAW (3, 10)	€4.90
MASHED POTATO (7)	€4.90
CRISPY ONION RINGS (1 wheat)	€4.90
SAUTEED ONIONS AND MUSHROOMS	€4.90
HOUSE SALAD (10)	€4.90
STEAMED RICE	€4.90





# INN LOUNGE MENU

## DESSERTS

€7.25

### WARM APPLE PIE

custard, crème chantilly. **(1 wheat, 3, 7, 12)**

### HOMEMADE BREAD AND BUTTER PUDDING

Warm custard, vanilla whipped cream. **(1 wheat, 3, 7)**

### CHOCOLATE BROWNIE

Vanilla ice cream, milk chocolate sauce. **(3, 6, 7)**

### IRISH WHISKEY TRIFLE

Layers of sponge, jelly, fruit, custard, and cream. **(1 wheat, 3, 7)**

### PROFITEROLES

Chocolate sauce and frothed cream **(1 wheat, 3, 7)**

### MERINGUE NEST

Filled with crème chantilly and mixed berry compote. **(3, 7)**

### ICE-CREAM SELECTION

Please choose from vanilla bourbon, chocolate, or stawberry. **(7)**

### DESERT OF THE DAY

Please ask your server.

## BREWED BEVERAGES

TEA **€3.00**

SPECIALITY TEAS **€3.50**

CAPPUCCINO **€3.50**

LATTE **€3.50**

AMERICANO **€3.50**

FLAT WHITE **€3.50**

MOCHA **€3.50**

HOT CHOCOLATE **€3.50**

FRENCH COFFEE **€7.20**

BAILEY'S HOT CHOCOLATE **€7.20**

LIQUER COFFEE **€7.20**

CALYPSO COFFEE **€7.20**

BAILEY'S COFFEE **€7.20**

ADD SYRUP  
FOR **50c.**





# INN LOUNGE MENU

## FOOD ALLERGENS:

1. CEREALS CONTAINING GLUTEN
2. CRUSTACEANS
3. EGGS
4. FISH
5. PEANUTS
6. SOYBEANS
7. MILK
8. NUTS
9. CELERY
10. MUSTARD
11. SESAME SEEDS
12. SULPHUR DIOXIDE AND SULPHITES
13. LUPIN
14. MOLLUSCS







# INN LOUNGE LUNCH MENU

## FROM THE LAND

- ROAST BEEF CIABATTA** €9.50  
Roast top rib of beef, red onion, tomato, and melted cheddar. **(1 wheat, 7, 10)**
- SOUTHERN FRIED CHICKEN OR VEGETARIAN FALAFEL WRAP** €8.75  
Sweet chilli, garlic mayonnaise, mixed leaves, tomato, and onion. **(1 wheat, 3, 6, 10)**
- KETTLE'S BLT** €8.75  
Crisp bacon loin, romaine lettuce, tomato. Wholegrain mustard mayo, Waterford Blaa bread. **(1 wheat, 3, 7, 10)**

## FROM THE SEA

- CLASSIC TUNA MELT** €8.75  
Tuna, onions, sweetcorn with melted cheese on home baked soda bread. **(1 wheat, 3, 4, 7, 10)**
- SHRIMP COCKTAIL OPEN SANDWICH** €9.95  
Atlantic shrimp, Marie Rose sauce, home baked soda bread, shredded baby gem. **(1 wheat, 2, 3, 7, 10)**
- ATLANTIC SALMON BAGEL** €9.75  
Poached salmon rilette, rocket leaves, multi seed bagel. **(1 wheat, 3, 4, 7, 10)**

**Add a bowl of Soup or Fries €3.95**

## SALAD BAR

- GRILLED GOATS CHEESE SALAD** €13.50  
Mixed house salad, wholegrain mustard and honey dressing, grilled St. Tolas goat's cheese, candied walnuts, balsamic reduction. **(7, 8 walnuts, 10)**
- SUPERFOOD SALAD** €13.50  
Mixed leaves, beetroot, quinoa, dried cranberries, toasted sunflower seeds with lemon & shallot dressing.
- CAESAR SALAD** €13.50  
Crisp baby gem lettuce, bacon, parmesan shavings, garlic croutons and creamy Caesar dressing. **(1 wheat, 3, 7, 10)**

**Add grilled chicken breast €4.50**



# INN LOUNGE MENU

## FOOD ALLERGENS:

1. CEREALS CONTAINING GLUTEN
2. CRUSTACEANS
3. EGGS
4. FISH
5. PEANUTS
6. SOYBEANS
7. MILK
8. NUTS
9. CELERY
10. MUSTARD
11. SESAME SEEDS
12. SULPHUR DIOXIDE AND SULPHITES
13. LUPIN
14. MOLLUSCS

